

Week 2 Immeasurably MORE- "Growing"

INTRODUCTION

Life is so amazing! Everywhere you look things are constantly growing. If you have kids, they grow up way too quickly. If you have a green thumb, you watch your garden grow before your eyes. If you have a pet, you get to watch it grow, too. And, even if you don't have any of those, you yourself are growing. It is just a wonderful thing to be a part of.

Growth takes effort and time. Most things don't just grow magically on their own. Kids need food, clothes, shelter, and love. Plants need food, water, and protection from cold. Pets need food, water and love as well. It's hard work, but what you get out of that hard work is the reward!

The same goes for your spiritual life. It does not just grow and mature on its own. Your spiritual life needs to be cultivated on a daily basis; whether that is diving into God's word, spending time in prayer, serving in the church, or spending solid time in community with other believers. When you put in that work, God will do immeasurably more with your spiritual growth.

DISCUSSION QUESTIONS

- 1. How do you know you are growing in your faith? Explain.
- 2. What has had the biggest impact on your faith and it's growth?

Read Luke 8:4-15

"God does the growing, but we have to cultivate our hearts"

- **3.** What type of "soil" are you?
- **4.** How are you cultivating your heart? Explain.
- 5. Once we have cultivated our hearts, how does God do the growing?

"Cultivating our hearts is a constant process"

- 6. Why does cultivating our hearts have to be a constant process?
- **7.** Have you found it a tough process to cultivate your heart? Explain.

"Community is huge in cultivating your heart"

- **8.** Why is community so important to the growth of your faith?
- 9. How is being in community impacted your faith? Explain.

ACTION STEP

For your action step this week, make an intentional effort to think about where you are spiritually and what you are doing to grow yourself. Spiritual growth is something that is a continuous process and takes work. Make a list of the things that you do to grow yourself now and then make a list next to that on what you would like to add to that list. Once you have your list made, spend time in prayer, asking God to help you continue to grow spiritually.

Take Next Steps + Pray Together + Take Care of Each Other = Community Groups!