



Week 1

“What is Worship?”

INTRODUCTION

What do you live for? What is that one thing that you absolutely *cannot* live without and will do whatever you can to obtain it? You may be thinking of material things, like a large house, a car, clothes, video games, or maybe a boat. Or maybe you believe “things” are weighing you down because you measure richness by your experiences; your greatest desire is to travel the world and experience everything it has to offer.

Whether you measure your life's richness by the amount of material or immaterial things you obtain, they will all pass away. You may not consider your life to be worshipful of anything, but take a moment to consider the principles of worship and recognize what is driving your actions. If you are willing to do whatever it takes to achieve a goal or obtain a thing or experience, that is an act of worship!

We are made to worship, so we can't help but do it! Culture may determine what you worship, and then make you a slave to it. Or your heart might be radically changed by God's love for you, so you give your life in relentless pursuit of Him. Whatever you worship, you will become. The standard for determining what is worthy of worshipping with your life is the question, “What will give me life?”

DISCUSSION QUESTIONS

Read Isaiah 43:7

“God created us to bring Him glory. We were made to worship.”

1. Why do you think God created us to bring Him Glory?
2. How were YOU made to worship? Explain.

“Everyone is living a life of worship every day.”

3. Where does worship start?
4. If you took an inventory of your day, would you be able to identify some things that you worship other than God?
5. How can you become passionate about worshipping God daily?

“Worship to the human is like breathing.”

6. Why is it significant to compare worship to breathing?
7. If worship is like breathing, then what are you breathing in? What result is it producing in your life?

“Worship is our response to what we value most.”

8. The true determiner of what we value is where we actually spend the most time. When you get honest and evaluate what you value most based on what you spend the most time DOING, what does it reveal?
9. What does God want you to value the most? What is one step you can take to show that you value it most?

Read Exodus 20:3-4

10. Why does God warn us about idols?
11. How do we guard against the temptation to worship “idols” in our daily lives?

ACTION STEP

For your action step this week, make an intentional effort to think about why worship is so important. Spend some time thinking about what you look forward to when you get up, what gets you through the week, and what you consider when you make big life decisions. All of these questions are intertwined and will help you see what you truly worship. Then, spend time in prayer asking God to help you align your priorities with His, helping you live the best life possible!

Take Next Steps + Pray Together + Take Care of Each Other = Community Groups!