



## **Week 1** **“Living a Life of Faith”**

### **INTRODUCTION**

Do you believe that faith is a part of our lives on a daily basis? Now, some of you are probably saying, “Pump the brakes! Don’t get all churchy on me.” It’s true, though. Let’s look at some examples; When you wake up and reach for your light switch, you have faith it will turn on; when you set your alarm on your phone, you have faith it will go off; when you order food at a restaurant, you have faith it will be well prepared. We could go on and on about all the different things we put our faith in on a daily basis, and we have complete confidence in these things, but why do we not have that same confidence in God?

God calls us to have undeniable faith in Him. You may believe that He exists, but we often do not have confidence in Him. So why is it so hard for us to have that confidence? What holds us back from fully believing in God? This week we will look at how we can strengthen that faith and seek after him earnestly!

### **DISCUSSION QUESTIONS**

1. What does faith mean to you?
2. What are some things that you have faith in? What are some things you don't have faith in?
3. On a scale of 1-10 (1 being the lowest and 10 being the greatest), where is your faith in God, and why did you rate it that way?

#### **Read Hebrews 11:1-2**

##### **“Faith is Confidence in Something or Someone”**

4. Why is confidence essential for faith?
5. How does our confidence in Christ dictate the level of faith we exercise in Him?

#### **Read Matthew 13:31-32**

##### **“Faith is a Spiritual Muscle that will Grow with Exercise”**

6. What are you personally doing to exercise your faith?
7. What steps can we take to strengthen our faith on a daily basis?

#### **Read Hebrews 11:6 & James 2:19**

##### **“We must Believe that God Exists”**

8. Why is believing in God the starting point of faith?
9. Why is believing in God not the same as having faith in God?

**Read Mark 9:17-24**

**“He Rewards those who Earnestly Seek Him”**

10. Why is it important to earnestly seek God?
11. How do you earnestly seek God?

## **ACTION STEP**

For your action step this week, make an intentional effort to think about where you stand with your faith. Do you put your faith in God 100%, or are you wavering? This week, spend time in prayer, earnestly seeking the Lord. Ask Him to help you strengthen your spiritually faith muscle in Him. We always know that this life will be tough, but putting our faith in Christ, we can't lose.

Take Next Steps + Pray Together + Take Care of Each Other = Community Groups!