



Week 3 **“Blessed are the Meek”**

INTRODUCTION

This week Tom tackles the beatitude, “Blessed are the Meek”. When you look meek up in the dictionary it gives you a couple of different meanings. 1.) humbly patient or docile. 2.) overly submissive or compliant, spiritless. After reading those I don’t know why anyone would really want to claim that they are a meek person, because the definition makes them sound like they have no backbone and will be pushed over their whole life. If you look at today’s world too, we are taught that it is the people in charge that are going to be running things and having the best lives possible, only thing is, you can’t be meek.

Bringing this full circle then, why did Jesus say “Blessed are the meek?” Why did he include this in His famous sermon on the Mount? Like most things Jesus would say during His time there would be a deeper meaning, so let’s read some scripture and dive into some discussion questions and see if we can be enlightened here as to what Jesus means about the meek.

DISCUSSION QUESTIONS

1. When you hear the word meek, what comes to your mind? Explain.
2. Why is meekness almost considered a weakness in today’s culture?
3. Why do you think Jesus considers meekness to be a blessing?

Read Matthew 5:1-12

4. According to verse 5, why do you think the meek will inherit the Earth?
5. Is meekness something you struggle with in your life? If yes, how can we, as believers, strive to be meeker on a daily basis?

Read Matthew 26:50-54

“Meekness is Controlled Strength”

6. Why does God desire us to have controlled strength?
7. How did Jesus demonstrate controlled strength in the verses? What was the importance of this?

Read Psalms 37:0-11 & Revelation 21:1-4

“Meekness is the Submission to the Will of God”

8. Why do you think we only really see meekness in times of conflict and stress?
9. Why should our ability to exercise power be secondary to the desire to do the will of God?
10. Why as humans are we drawn to using our own power to accomplish things in this life?
11. How does Jesus shatter this view point?

ACTION STEP

For your action step this week, make an intentional effort to think about your own personal lives and whether or not you are living it in a meek manner. Like we talked about before, it is so easy to get caught up in the lies of this world and believe that meekness is a weakness and we should avoid it at all cost. Jesus however does not view meekness this way. It is a blessing which all of us should experience. Spend time this week in prayer asking God to help you become more like Him, Meek! Also, in that prayer time, seek out areas that might be holding you back from being meek. Areas like power, control over others, social media influences, etc. Once you have them in your head seek God to help you release those bondages so you can live a life of meekness.

Take Next Steps + Pray Together + Take Care of Each Other = Community Groups!